

TRACK CONTEST PROVISIONS

Revised: March 2003

1. Boys and Girls meets will be held on Mondays and Thursdays at 4:30, with one (1) round of play, following the league's master schedule.
 - A. Monday preceding the conference meet will be left for a make-up day.
2. The conference meet will be run, on the Wednesday following the regional meet.
 - A. Pole Vault will begin at 3:00. All other field events and preliminaries will start at 3:30 and 4:30 respectively. The finals will start at 7:00
 - B. Thursday will be used as a make-up day.
3. All league meets will be run under the rules and regulations of the M.H.S.A.A. unless otherwise stated in the track by-laws.
4. There will be no limit on the number of entries in dual meets.
 - A. Each school will be allowed three contestants and additional qualifiers in the conference meet.
5. Competent adults must be used to officiate all field events and to time and pick all running events.
6. A registered official will serve as starter and referee in all meets unless a referee is hired.
7. The chairman of the track committee will be responsible for organizing coaches at the beginning of each school year.
 - A. A written report (including the schools present) of each meeting will be provided to the league secretary and each athletic director.
8. The track committee prior to the beginning of each season will make rules governing the dual meet and the conference meet, not listed in the contest provisions.
9. Only league-approved honors will be released to the media.
10. It is strongly recommended that vaulters wear helmets during both practice and competition.